



THE 8TH ANNUAL SHEA-JENNINGS FRIGHT FEIS

Saturday October 17, 2026

Mother Seton Regional High School

1 Valley Road
Clark, NJ 07066

Feis Starts @ 9:00AM

Doors Open @ 8:30AM

ENTRY CAP = 400 PAID ENTRIES

Please Register Early to Avoid Disappointment

This is a private event and entry can be refused to any individual.

Deirdre Shea, TCRG
John Jennings, ADCRG
Meg Veca, ADCRG
Noelle Zielenbach, TCRG
Meredith Carvahlo, TCRG

Feis Chair: Emilie Schoenfeld

Feis Secretary: Jennifer Lenza

 <https://www.sheajennings.com/>

 sheajenningsfeis@gmail.com

FB: SheaJenningsFrightFeis

IG: FrightFeis

**FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE
RULES OF AN COIMISIUN LE RINCI GAELACHA (www.CLRG.ie)
AND THE IDTANA MID-ATLANTIC REGION
(www.mid-atlanticregion.com.)**

The Deirdre Shea School of Irish Dance DBA The Shea-Jennings School of Irish Dance, the Shea Jennings Fright Feis Committee, Mother Seton Regional High School nor any other organizations affiliated with the same will not be held responsible for personal injury, property loss or damage. Destruction of FEIS property or rental property will be punishable by law.

ADJUDICATORS 🧛

Erin Collins - CT

Nicole Bayhurst - MD

Molly Francis Lutwin - NY

Kevin Sylvester - NY

Mary Claire Curran - PA

Noreen Donahue McAleer - PA

MUSICIANS 🐈

Karen Conway - NJ

Kevin Forde - NJ

Luke Sooy - NJ

REGISTRATION & PAYMENT 🧑

- **ALL ENTRIES MUST** be made through feisweb.com.
- Mailed entries will not be accepted.
- By submitting an entry, Parent or Legal Guardian agrees to abide by rules governing the feis as listed on the NAFC website northamericanfeiscommission.org
- Each competitor for the 4-Hand Ceili must register individually.
- Entries close on October 12 2026 at 6pm or when cap is reached. Additional entries after this point will be accepted on a case-by-case basis
- Late fees begin 10/10/26 and will be \$50
- Changes made after October 10 and before October 14 will be accepted with a \$30 change fee
- No changes will be accepted after October 14, 2026
- **No entries will be accepted on the day of the feis**
- **Payment:** After registering on feisweb.com all fees must be paid online
- **Fees are non-refundable and non-transferrable**
- If all fees are not paid at the time of registration, the entry will be deleted to free a spot for another dancer - no exceptions.

ENTRY FEES

ABSOLUTELY NO REFUNDS. ALL ENTRIES & PAYMENT MUST BE MADE AT FEISWEB.COM	
Solo Competitions <i>(includes First Feis)</i>	\$15.00
Preliminary Championships	\$50.00
Open Championships	\$60.00
Special Competitions	
Soda Bread	FREE
4-Hand Ceili <i>(each competitor must register individually)</i>	\$10.00
Traditional Sets	\$15.00
Charity Costume Treble Reel	\$15.00
Family Fee <i>(No door fee the day of. Must be included with entries.)</i>	\$30.00
Maximum Family Fee <i>(Does not include family fee, Feisweb fee, late fees or charity treble reel)</i>	\$200.00
Feisweb Registration Fee	\$6.00
Change Fee <i>(All changes after 10/10/26 will incur a fee - <u>No Exceptions</u>. Changes will not be accepted after 6pm on 10/14/26)</i>	\$30.00
Late Fee <i>(Late fees begin on 10/10/26. Additional entries after this point will be accepted on a case-by-case basis)</i>	\$50.00
All entries and payments must be made via Feisweb.com . Mailed entries will not be accepted. Entries close on October 12, 2026 at 6 pm or when cap is reached. No Refunds Marks are included in competition Fees Send questions to sheajenningsfeis@gmail.com .	

DIRECTIONS & AREA HOTELS

From The Garden State Parkway North	From The Garden State Parkway South
Take exit 135 (Clark/Westfield). Stay left (follow signs for Rahway/Linden.) At the second traffic light, turn left onto Central Ave E. Drive under the overpass and go straight through the traffic light. Bear left at the fork, then quickly bear/turn right onto Valley Rd. Mother Seton Regional High School will be on the right.	Take exit 135 (Clark/Westfield) and stay in the middle lane. At the traffic light, make a right. Bear left at the fork, then quickly bear/turn right onto Valley Rd. Mother Seton Regional High School will be on the right.
From Philadelphia, Pa – Take NJ Turnpike North to Exit 11, Garden State Parkway North. Follow directions above.	
Holiday Inn Clark (732) 574-0100 36 Valley Road, Clark, NJ	Homewood Suites (877) 504-5348 2 Jackson Drive, Cranford, NJ

COMPETITIONS

Reels in all grade categories to be danced 2 dancers at a time. For all other dances, competitors should be prepared to dance 3 at a time up to & including U14.

COMPETITIONS MAY BE COMBINED IF THERE ARE LESS THAN 5 COMPETITORS.

Adult competitions may not be combined with any other age groups in any category.

Adult female dancers must wear black tights in all competition categories.

A complete stage schedule will be posted by 10/14/26.

FIRST FEIS	Open to dancers who have never competed before. ★ Video recording is permitted
GIRLS & BOYS	1 Step REEL (Tempo 122)
Under 7	600

SPECIAL NEEDS	Open to dancers of all ages. ★ Video recording is permitted
GIRLS & BOYS	Dance of Choice
All Ages	601

BEGINNER	A Beginner is a competitor who has not taken Irish Dancing lessons from a registered teacher prior to September 1st of the previous year. Dancers must move into Advanced Beginner the following year. <u>All dances are 2 STEPS. No solo costumes are allowed.</u> Skirts, trousers, blouses, shirts, or school costumes ONLY. ★ Video recording is permitted			
GIRLS & BOYS	REEL (Tempo 122)	LIGHT JIG (Tempo 115)	SLIP JIG (Tempo 122)	HOP JIG (Tempo 124)
Under 6	1	2	3	4
Under 7	5	6	7	8
Under 8	9	10	11	12
Under 9	13	14	15	16
Under 10	17	18	19	20
Under 11	21	22	23	24
Under 12	25	26	27	28
12 & Over	29	30	31	32
Adult	33	34	35	36



ADVANCED BEGINNER	<i>An Advanced Beginner is a dancer who has taken lessons from a registered teacher for more than 1 year. An Advanced Beginner who wins 1st, 2nd, or 3rd place will advance to the Novice category in that particular dance the next year. All dances are 2 STEPS. No solo costumes are allowed. Skirts, trousers, blouses, shirts, or school costumes ONLY.</i> ★ Video recording is permitted					
GIRLS & BOYS	REEL (Tempo 122)	SLIP JIG (Tempo 122)	LIGHT JIG (Tempo 115)	HOP JIG (Tempo 124)	TREBLE JIG (Tempo 92)	HORNPIPE (Tempo 138)
Under 6	101	102	103	104	105	106
Under 7	107	108	109	110	111	112
Under 8	113	114	115	116	117	118
Under 9	119	120	121	122	123	124
Under 10	125	126	127	128	129	130
Under 11	131	132	133	134	135	136
Under 12	137	138	139	140	141	142
12 & Over	143	144	145	146	147	148
Adult	149	150	151	152	153	154

NOVICE	<i>A Novice is a dancer who has previously won a 1st, 2nd, or 3rd in Advanced Beginner. A Novice who wins a 1st place will advance to the Prizewinner category in that particular dance the next year. All dances are 2 STEPS. Dancers will perform 3 at a time except Reel, which will be 2 dancers at a time.</i> ★ Video recording is NOT permitted				
GIRLS & BOYS	REEL (Tempo 113)	SLIP JIG (Tempo 113)	LIGHT JIG (Tempo 115)	TREBLE JIG (Tempo 92 or 73)	HORNPIPE (Tempo 138 or 113)
Under 7	201	202	203	204	205
Under 8	206	207	208	209	210
Under 9	211	212	213	214	215
Under 10	216	217	218	219	220
Under 11	221	222	223	224	225
Under 12	226	227	228	229	230
Under 13	231	232	233	234	235
13 & Over	236	237	238	239	240
Adult	241	242	243	244	245

PRIZEWINNER	<i>A Prizewinner is a dancer who has previously won a 1st in Novice in a particular dance.</i> ★ Video recording is NOT permitted			
GIRLS & BOYS	REEL (Tempo 113)	SLIP JIG (Tempo 113)	TREBLE JIG (Tempo 92 or 73)	HORNPIPE (Tempo 138 or 113)
Under 8	301	302	303	304
Under 9	305	306	307	308
Under 10	309	310	311	312
Under 11	313	314	315	316
Under 12	317	318	319	320
Under 13	321	322	323	324
Under 14	325	326	327	328
14 & Over	329	330	331	332
Adult	333	334	335	336

PRELIMINARY CHAMPIONSHIP

Preliminary Championships are open to competitors who have placed 1st in Prizewinner LIGHT (Reel or Slip Jig) and TREBLE (Jig or Hornpipe) dances. Girls & Boys combined. Preliminary dancers who win THREE first places in a calendar year, must move to Open Championship the following calendar year. When a third 1st place win is achieved over several calendar years, the dancer must move to Open Championship the following weekend.

All age groups 14 and under will dance 3 @ a time if the stage is 32x24 or larger. Older age groups will dance 2 @ a time.

Please specify choice of dances on entry: A (Reel/Jig) B (Reel/Hornpipe) C (Slip Jig/Jig) D (Slip Jig/Hornpipe)

Under 8	401
Under 9	402
Under 10	403
Under 11	404
Under 12	405
Under 13	406
Under 14	407
Under 15	408
Under 16	409
Under 17	410
17 & Over	411
Adult	412

OPEN CHAMPIONSHIP

All competitors will dance 3 rounds. Under 9 Girls & Boys must dance a Traditional Set.

Solo Medals will be awarded for Hard & Soft shoe rounds.

Please specify choice of dances including set w/speed on entry: A (Reel/Jig) B (Reel/Hornpipe) C (Slip Jig/Jig) D (Slip Jig/Hornpipe)

GIRLS

Under 9	501
Under 10	502
Under 11	503
Under 12	504
Under 13	505
Under 14	506
Under 15	507
Under 16	508
Under 17	509
Under 18	510
18 & Over	511

BOYS

Under 9	512
Under 10	513
Under 12	514
Under 14	515
Under 16	516
16 & Over	517

SPECIAL COMPETITIONS

4-HAND CEILI	<i>Each dancer needs to register separately. Girls & Mixed will compete together.</i>
GIRLS & MIXED	
Under 8	701
Under 10	702
Under 12	703
Under 15	704
15 & Over	705

TRADITIONAL SETS	<i>Open to Adv Beginner thru Prizewinner. Specify dance on entry: JOCKEY TO THE FAIR ST PATRICK'S DAY 3 SEA CAPTAINS JOB OF JOURNEYWORK THE BLACKBIRD KING OF THE FAIRIES GARDEN OF DAISIES</i>
GIRLS & BOYS	
Under 8	801
Under 10	802
Under 12	803
Under 14	804
14 & Over	805
Adult	806

CHARITY TREBLE REEL <i>In Memory of Mary Pat Barry</i>	<i>Halloween costumes are welcome! Open to Novice thru Open Champion ONLY. Entry fees will be donated to Mary's Place By the Sea (Marysplacebythesea.com)</i>
GIRLS & BOYS	
Under 11	901
Under 15	902
15 & Over	903
Adult	904

SODA BREAD	<i>All entries must be delivered by 11am. All submissions are considered property of Shea-Jennings Fright Feis</i>
All Ages	1001

WE EAGERLY AWAIT YOUR ARRIVAL... IF YOU DARE.