



SHEA-JENNINGS FRIGHT FEIS

Saturday, October 18, 2025

Competitions begin at 9:00 am

(doors will not open before 8:15am)

– Entries limited to 400 –

**Mother Seton Regional High School
1 Valley Road, Clark, NJ 07066**

**Deirdre Shea, TCRG
John Jennings, ADCRG
Meg Veca, ADCRG
Noelle Zielenbach, TCRG
Meredith Carvahlo, TCRG**

**Feis Chair: Emilie Schoenfeld
Feis Secretary: Jennifer Lenza
sheajenningsfeis@gmail.com**

DIRECTIONS

From The Garden State Parkway North - Take exit 135 (Clark/Westfield). Stay left (follow signs for Rahway/Linden.) At the second traffic light, turn left onto Central Ave E. Drive under the overpass and go straight through the traffic light. Bear left at the fork, then quickly bear/turn right onto Valley Rd. Mother Seton Regional High School will be on the right.

From The Garden State Parkway South- Take exit 135 (Clark/Westfield) and stay in the middle lane. At the traffic light, make a right. Bear left at the fork, then quickly bear/turn right onto Valley Rd. Mother Seton Regional High School will be on the right.

From Philadelphia, Pa – Take NJ Turnpike North to Exit 11, Garden State Parkway North. Follow directions above.

AREA HOTELS :
Holiday Inn Clark
732-574-0100
36 Valley Road, Clark, NJ

Homewood Suites
877-504-5348
2 Jackson Drive, Cranford, NJ

ADJUDICATORS			MUSICIANS	
Mary Ann Schade Lynch - NJ	Erin Collins - CT	Brendan Lynch - NJ	Kevin Ford - NJ	TBD
Molly Francis Lutwin - NY	Rose Schade - NY	John O'Keefe - CT	Karen Conway - NJ	TBD

**FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE RULES OF AN COIMISIUN LE RINCI GAELACHA (www.CLRG.ie)
AND THE IDTANA MID-ATLANTIC REGION (www.mid-atlanticregion.com.)**

The Shea-Jennings Feis Committee, The Deirdre Shea School of Irish Dancing, Mother Seton Regional High School nor any other organizations affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of FEIS property or rental property will be punishable by law.

This is a private event and entry can be refused to any individual.

Competitions

SODA BREAD	All entries must be delivered by 11am. All submissions are considered property of Shea-Jennings Feis
ALL AGES	700

FIRST FEIS	Open to dancers under 7 who have never competed in a feis before.
GIRLS & BOYS	1 Step Reel (Tempo 122)
UNDER 7	600

SPECIAL NEEDS	Open to dancers of all ages
GIRLS & BOYS	Dance of Choice
ALL AGES	601

BEGINNER	A beginner is a competitor who has not taken Irish dancing lessons from a registered teacher prior to September 1st of previous year. Dancer must move into Advanced Beginner the following year. 2 STEPS, No solo costumes are allowed. Skirts, trousers, blouses, shirts, or school costumes ONLY			
GIRLS & BOYS	REEL Tempo 122	LIGHT JIG Tempo 115	SLIP JIG Tempo 122	HOP JIG Tempo 124
UNDER 6	1	2	3	4
UNDER 7	5	6	7	8
UNDER 8	9	10	11	12
UNDER 9	13	14	15	16
UNDER 10	17	18	19	20
UNDER 11	21	22	23	24
UNDER 12	25	26	27	28
12 & OVER	29	30	31	32
ADULT*	33	32	35	36

ADVANCED BEGINNER	An Advanced Beginner who wins 1 st , 2 nd or 3 rd place will advance to the Novice category in that particular dance the following year. 2 STEPS No solo costumes are allowed. Skirts, trousers, blouses, shirts, or school costumes ONLY					
GIRLS & BOYS	REEL Tempo 122	SLIP JIG Tempo 122	LIGHT JIG Tempo 115	HOP JIG Tempo 124	TREBLE JIG Tempo 92	HORNPIPE Tempo 138
UNDER 6	100	101	102	103	104	105
UNDER 7	106	107	108	109	110	111
UNDER 8	112	113	114	115	116	117
UNDER 9	118	119	120	121	122	123
UNDER 10	124	125	126	127	128	129
UNDER 11	130	131	132	133	134	135
UNDER 12	136	137	138	139	140	141
12 & OVER	142	143	144	145	146	147
ADULT*	148	149	150	151	152	153

NOVICE	A novice who wins a 1 st place will advance to the Open (Prizewinner) category in that particular dance the following year. 2 STEPS				
GIRLS & BOYS	REEL Tempo 113	SLIP JIG Tempo 113	LIGHT JIG Tempo 115	TREBLE JIG Tempo 92 or 73	HORNPIPE Tempo 138 or 113
UNDER 7	200	201	202	203	204
UNDER 8	205	206	207	208	209
UNDER 9	210	211	212	213	214
UNDER 10	215	216	217	218	219
UNDER 11	220	221	222	223	224
UNDER 12	225	226	227	228	229
UNDER 13	230	231	232	233	234
13 & OVER	235	236	237	238	239
ADULT*	240	241	242	243	244

PRIZEWINNER	A competitor who has previously won 1 st place in Novice in a particular dance 2 STEPS			
GIRLS & BOYS	REEL Tempo 113	SLIP JIG Tempo 113	TREBLE JIG Tempo 92 or 73	HORNPIPE Tempo 138 or 113
UNDER 8	300	301	302	303
UNDER 9	304	305	306	307
UNDER 10	308	309	310	311
UNDER 11	312	313	314	315
UNDER 12	316	317	318	319
UNDER 13	320	321	322	323
UNDER 14	324	325	326	327
14 & OVER	328	329	330	331
ADULT*	332	333	334	335

NOTE: Reels in all grade categories to be danced 2 dancers at a time
All other competitors should be prepared to dance 3 at a time up to & including U14.

A complete stage schedule will be posted by 10/15/25.

****COMPETITIONS MAY BE COMBINED IF THERE ARE LESS THAN 5 COMPETITORS.****

***Adult competitions may not be combined with any other age groups in any category**

4 HAND CEILI	Each dancer needs to register separately. Girls & Mixed will compete together	CHARITY TREBLE REEL (Halloween costumes welcome!) Open to Novice – Open Champion	All entry fees will be donated to Mary's Place By the Sea (www.Marysplacebythesea.com) in memory of Mary Pat Barry Colicchio	TRADITIONAL SETS	Open to Adv Beginner –Prizewinner Specify Dance: JOCKEY TO THE FAIR ST PATRICK'S DAY JOB OF JOURNEYWORK THE BLACKBIRD KING OF THE FAIRIES GARDEN OF DAISIES 3 SEA CAPTAINS
UNDER 8	602	Under 11	607	Under 8	611
UNDER 10	603	Under 15	608	Under 10	612
UNDER 12	604	15 & Over	609	Under 12	613
UNDER 15	605	ADULT	610	Under 14	614
15 & OVER	606			14 & Over	615
				ADULT	616

PRELIMINARY CHAMPIONSHIP

Preliminary Championships are open to competitors who have placed 1st in Prizewinner light (Reel or Slip Jig) and TREBLE (Jig or Hornpipe) dances. Girls & Boys combined. Preliminary dancers who win THREE first places in a calendar year, must move to Open Championship the following calendar year. When a third 1st place win is achieved over several calendar years, the dancer must move to Open Championship the following weekend.

ALL AGE GROUPS 14 AND UNDER WILL DANCE 3 @ A TIME IF STAGE IS 32x24 OR LARGER.

OLDER AGE GROUPS WILL DANCE 2 @ A TIME.

PLEASE SPECIFY CHOICE OF DANCES ON ENTRY: A (Reel/Jig) B (Reel/Hornpipe) C (Slip Jig/Jig) D (Slip Jig/Hornpipe)

UNDER 8	400
UNDER 9	401
UNDER 10	402
UNDER 11	403
UNDER 12	404
UNDER 13	405
UNDER 14	406
UNDER 15	407
UNDER 16	408
UNDER 17	409
17 & OVER	410
ADULT*	411

OPEN CHAMPIONSHIP

ALL COMPETITORS WILL DANCE 3 ROUNDS. SOLO MEDALS WILL BE AWARDED FOR HARD & SOFT SHOE ROUNDS. PLEASE SPECIFY CHOICE OF DANCES ON ENTRY, INCLUDING SET w/ SPEED

A (Reel/Jig) B (Reel/Hornpipe) C (Slip Jig/Jig) D (Slip Jig/Hornpipe)

*UNDER 9 Girls & Boys must dance Traditional Set (3 at a time). Please specify set on your entry

GIRLS		BOYS	
UNDER 9	500	UNDER 9	511
UNDER 10	501	UNDER 10	512
UNDER 11	502	UNDER 12	513
UNDER 12	503	UNDER 14	514
UNDER 13	504	UNDER 16	515
UNDER 14	505	16 & OVER	516
UNDER 15	506		
UNDER 16	507		
UNDER 17	508		
UNDER 18	509		
18+	510		

ABSOLUTELY NO REFUNDS.
ALL ENTRIES MUST BE MADE AT [FEISWEB.COM](https://feisweb.com)

SOLO COMPETITIONS (including First Feis).....	\$ 15.00
4 HAND CEILI (Each competitor must register individually).....	\$ 10.00
CHARITY COSTUME TREBLE REEL.....	\$ 15.00
TRADITIONAL SET.....	\$ 15.00
PRELIMINARY CHAMPIONS.....	\$ 50.00
OPEN CHAMPIONSHIPS (3 ROUNDS).....	\$ 60.00
SODA BREAD.....	FREE
FAMILY FEE (Door Entry must be included with entries).....	\$ 20.00
CHANGE FEE (all changes after 10/11 will incur a fee- no exceptions).....	\$ 25.00
LATE FEES (for entries received on 10/11 but before 10/13).....	\$ 25.00
(for entries received on 10/13 before 6pm; no entries after 6pm).....	\$50.00
MAXIMUM FAMILY FEE (does not include late fees or family fee).....	\$ 175.00

LIMIT 400 ENTRIES

All Entries must be made via FeisWeb. Mailed entries will not be accepted.

Payments can be made online via FeisWeb.

Go to <https://feisweb.com> and select Shea-Jennings Fright Feis to enter.

By submitting an entry , Parent or Legal Guardian agrees to abide by rules governing the feis as listed on the NAFC website, www.northamericanfeiscommission.org

